

First Aid/CPR/AED Instructor Course



Purpose

The purpose of this instructor course is to train instructor candidates to teach the American Red Cross basic-level First Aid, CPR and AED courses.

Prerequisites

To participate in the First Aid/CPR/AED instructor course, instructor candidates must:

- Be at least 16 years of age on the last day of the instructor course.
- Possess current American Red Cross First Aid, CPR and/or AED certification(s) or the equivalent
- Have successfully completed the online Orientation to the First Aid/CPR/AED Instructor Course.
- Have successfully completed the online orientation to the American Red Cross.
- Have successfully completed the online First Aid/CPR/AED Instructor Precourse Test (score 80 percent or better).

Learning Objectives

At the conclusion of the First Aid/CPR/AED Instructor course, instructor candidates should be thoroughly familiar with the program materials and should be able to:

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Conduct courses in a manner that helps participants to stay engaged in the learning process.
- Perform applicable first aid, CPR and AED skills at an appropriate skill level.
- Ensure participants' health and safety during training.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific class they will be teaching.
- Monitor participants' practice and provide corrective feedback and encouragement that is consistent with the skill chart.
- Recognize that the requirements in the skill assessment tool are criteria for ascertaining the proficiency of a participant's performance. .

Length

- The online sessions that provides an overview of the instructor course and the First Aid/CPR/AED program is approximately 1.5 hours.
- The classroom session(s) where instructor candidates practice teaching and evaluating skills is approximately 12 hours including lunch and breaks.

Certification Requirement

To be certified as an instructor, candidates must:

- Successfully complete the prerequisite requirement.
- Attend and actively participate in all course sessions.
- Successfully complete class activities including two practice-teaching assignments.
- Score at least 80 percent (20 correct answers out of 25 questions) on the instructor written exam.
- Complete the online Course Record Administration training in the American Red Cross Learning Center (recommended).

Certificate Issued and Validity Period

- First Aid/CPR/AED Instructor: 2 years (certification may be renewed bi-annually free with required teaching and completion of online test requirement.)

Participant Products/Materials

- American Red Cross First Aid/CPR/AED Participant's Manual
- American Red Cross Adult First Aid/CPR/AED Ready Reference Card
- American Red Cross Pediatric First Aid/CPR/AED Ready Reference Card
- American Red Cross First Aid/CPR/AED Instructor's Manual
- Training supplies: Adult & Infant manikins and lungs, CPR training pack, first aid training pack, AED trainers.

Price The \$275.00 fee includes participant products and use of training supplies during class the 12 hours of traditional classroom training.